

➤ Average age of first Internet porn viewing: 13 for men and 16 for women.

➤ In 2019, 65.5% of young men were exposed to Internet porn before age 13, up from 14% in 2008.

➤ 17% of porn users (male and female), age 16-30, think porn is having a bad effect on them.

➤ One out of two porn users report viewing porn they formerly found uninteresting or "disgusting."

➤ 19% of collegiate males (4% of females) are addicted to cybersex.

➤ Porn use was problematic for 28% of male porn users in 2 different studies.

➤ Porn use doubles the risk of a romantic breakup.

➤ More than 80% of those seeking help for compulsive sexual behavior report problems with porn.

DO YOU SUFFER AROUSAL OR ERECTILE DYSFUNCTION WHEN WITH A PARTNER?

STAT
420,000,000 pages of pornography online

1

"I never had a problem getting hard for porn, but when it came to the real thing, I needed pills."

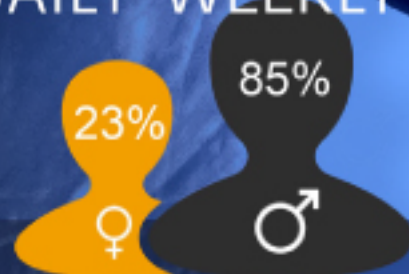
STAT
4,200,000 pornographic websites

2

AGES 15-29 WHO WATCH PORN DAILY-WEEKLY

STAT
68,000,000 search requests for porn daily!

3



Are you spending money or hours or both, daily or weekly, watching porn when you should be doing other things?

PORNOGRAPHY—IT HAS CHANGED

Know the mental, emotional, and physical risks of Internet porn use. Is your porn use problematic? Contact us today for support and info.

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